

## "Nutrition Education: Strategies for Improving Nutrition and Healthy Eating in Individuals and Communities"

Chairs: Prof. Maureen BLACK | Prof. Mary STORY | Dr. Helen DELICHATSIOS

### Tuesday, September 18, 2018

09:00 – 09:30    Opening    José Saavedra / Natalia Wagemans

*Session I*    *Nutrition Education to Optimize Healthy Growth and Development for the First 1000 Days*    **Chair: Maureen Black**

09:30 – 10:30    Nutrition Education: Application of Theory and Strategies During the First 1000 Days for Healthy Growth    Anne Dattilo

10:30 – 11:15    *Coffee Break & Group Picture*

11:15 – 12:15    Preconception Nutrition Education    Usha Ramakrishnan

12:15 – 13:15    *Lunch*

13:15 – 14:15    Prenatal Nutrition Education    Anna Maria Siega-Riz

14:15 – 15:15    Feeding of Infant and Young Child, with Focus on Behavioral Aspects    Marion Hetherington

15:15 – 15:45    *Coffee Break*

15:45 – 16:45    Nutrition education and implementation of the Nurturing Care Framework    Maureen Black

## "Nutrition Education: Strategies for Improving Nutrition and Healthy Eating in Individuals and Communities"

Wednesday, September 19, 2018

<i>Session II</i>	<i>Nutrition Education in Childcare, Schools and Communities Settings</i>	<i>Chair:</i>	<i>Mary Story</i>
09:00 – 10:00	Supporting Healthy Eating: Synergistic Effects of Nutrition Education Paired with Policy, Systems, and Environmental Changes		Mary Story
10:00 – 10:30	Coffee Break		
10:30 – 11:30	Multi-level Opportunities to Improve Nutrition Education in Childcare Settings		Dianne Ward
11:30 – 12:30	Food and Nutrition Education, Policy and Training in UK Schools		Roy Ballam
12:30 – 13:30	Lunch		
13:30 – 14:30	Community Efforts to Educate and Create Policies to Improve Nutritional Health		Patricia Crawford
14:30 – 15:00	Coffee Break		
15:00 – 16:30	Philippines: Government Policies on Nutrition Education		Mario Capanzana





## "Nutrition Education: Strategies for Improving Nutrition and Healthy Eating in Individuals and Communities"

Thursday, September 20, 2018

<i>Session III</i>	<i>Nutrition Education for Healthcare Professionals</i>	<i>Chair: Helen Delichatsios</i>
08:00 – 09:00	Counterbalancing the Uncertainties of Medical Nutrition Education with Effective Online Instruction	Martin Kohlmeier
09:00 – 10:00	The NNEdPro Global Centre for Nutrition and Health – a Consolidated Review of Global Efforts Towards Medical and Healthcare-Related Nutrition Education	Sumantra Ray
10:00 – 10:30	<i>Coffee Break</i>	
10:30 – 11:30	Update on Nutrition Curricula for Medical Education, Research and Practice: USA Perspective	Carine Lenders
11:30 – 12:30	Culinary Medicine Basics and Applications in Medical Education in the USA	Michelle Hauser
12:30 – 13:15	<i>Lunch</i>	
13:15 – 14:15	Integrating Nutrition Education into Clinical Practice	Helen Delichatsios
14:15 – 14:45	Closing of the Workshop	